



# SarahCare® of Belden Village

April 2026

6199 Frank Ave. NW  
North Canton, 44720  
330-244-2599

## Our Center Staff

**Program Director:**  
Kari Staron

**Activities Coordinator:**  
Tonia Miller

**Nurse:**  
Amy Osteen

**Administrative Assistant:**  
Cassie Fenstermaker

April is here, bringing with it the fresh promise of spring, brighter days, and new beginnings at our SarahCare! As the flowers begin to bloom, so does our calendar, filled with engaging activities, cheerful celebrations, and meaningful moments to share together. This month, we're embracing the spirit of renewal with themed events and creative crafts! We look forward to continuing to provide a warm, welcoming environment where friendships flourish and every day is filled with purpose, joy, and a touch of springtime magic.

**Help us keep the kitchen and our drivers running smoothly. If you will be off on a scheduled day, please call us by 8:30. And don't forget to schedule your make-up day!**

## Turkey and Vegetable Barley Soup

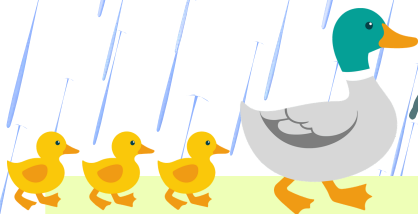


- 1 tablespoon canola oil
- 5 medium carrots, chopped
- 1 medium onion, chopped
- 2/3 cup quick-cooking barley
- 6 cups reduced-sodium chicken broth
- 2 cups cubed cooked turkey breast
- 2 cups fresh baby spinach
- 1/2 teaspoon pepper

In a large saucepan, heat oil over medium-high heat. Add carrots and onion; cook and stir until carrots are crisp-tender, 4-5 minutes.

Stir in barley and broth; bring to a boil. Reduce heat; simmer, covered, until carrots and barley are tender, 10-15 minutes. Stir in turkey, spinach and pepper; heat through.





# Appetizing April



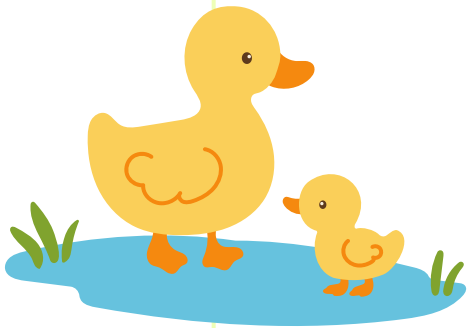
**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



**1**  
Banana nut muffin  
  
Turkey w/ stuffing & mashed potatoes, applesauce  
  
String cheese & Chex Mix

**2**  
Oatmeal  
  
Whole grain ham salad sandwich, coleslaw, fruit salad  
  
Cottage cheese & pineapple chunks

**3**  
English muffin  
  
Southwest beef enchilada, cauliflower rice, pineapple  
  
Cheese cubes & Goldfish crackers

**6**  
Cinnamon raisin toast  
  
Baked chicken w/ cheesy broccoli, apple slices, roll  
  
Yogurt & animal crackers

**7**  
Blueberry muffin  
  
Cheeseburger w/ tater tots, mandarin oranges  
  
Crackers w/ cheese cubes

**8**  
Egg & cheese muffin  
  
Sloppy Joe w/ tater tots, applesauce  
  
Cottage cheese & diced peaches

**9**  
Pancakes  
  
Hamburger stew over mashed potatoes, melon, dinner roll  
  
Applesauce & mini pretzels

**10**  
Cheerios  
  
Whole wheat grilled cheese, tomato soup, banana  
  
Mandarin oranges & Cheez-Its

**13**  
Cinnamon raisin toast  
  
Lemon chicken, red skin potatoes, applesauce, pasta  
  
Yogurt & animal crackers

**14**  
Blueberry muffin  
  
Ham & swiss sandwich, cucumber salad, peaches  
  
Crackers w/ cheese cubes

**15**  
Egg & cheese muffin  
  
Taco salad w/ black beans & corn, melon, tortilla chips  
  
Cottage cheese & diced peaches

**16**  
Pancakes  
  
Roast beef w/ gravy & vegetables, banana, dinner roll  
  
Applesauce & mini pretzels

**17**  
Cheerios  
  
Macaroni & cheese, broccoli salad, apple slices  
  
Mandarin oranges & Cheez-Its

**20**  
French toast sticks  
  
Broccoli cheese soup, tossed salad, melon, biscuit  
  
Applesauce & cornbread

**21**  
Sausage & egg muffin  
  
Chicken salad croissant, broccoli salad, sliced peaches  
  
Yogurt & graham crackers

**22**  
Banana nut muffin  
  
Meatloaf w/ gravy, mashed potatoes, applesauce, biscuit  
  
String cheese & Chex Mix

**23**  
Oatmeal  
  
Lasagna, roasted green beans, banana, dinner roll  
  
Cottage cheese & pineapple chunks

**24**  
English muffin  
  
Cream chicken & mixed vegetables over biscuit, apple slices  
  
Cheese cubes & Goldfish crackers

**27**  
Cinnamon raisin toast  
  
Spaghetti & meatballs w/ marinara, tossed salad, berries  
  
Yogurt & animal crackers

**28**  
Blueberry muffin  
  
Breakfast bake w/ cheese, hashbrowns, melon, biscuit  
  
Crackers w/ cheese cubes

**29**  
Egg & cheese muffin  
  
Chef salad w/ turkey & ham, sliced pears, dinner roll  
  
Cottage cheese & diced peaches

**30**  
Pancakes  
  
Swedish meatballs over rice, peas & carrots  
  
Applesauce & mini pretzels



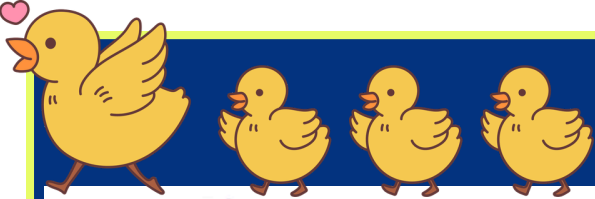


# April Adventures



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> <b>April Fools Day – Mismatched Clothes Day</b> News & Views Morning Moves BINGO <b>LUNCH BUNCH (IHOP)</b> Fact or Foolery Joking Around	<b>2</b> PB&J Day Tea & Talk Tone It Up <b>Brain Savers</b> Cards & More History of PBJ PBJ Puzzles Artful Afternoon Hangman	<b>3</b> Breakfast Club Senior Stretch Daily Chronicles BINGO Craft Corner Favorite Memory Noodle Volley <b>Quizzical Moments</b>
<b>6</b> Coffehouse Chat Get Fit BINGO Reverse Coloring Word Games Lucky Numbers Pass the Ball Bonding W/ Closers	<b>7</b> Coffee Talk Brain Savers <b>Card Club</b> Handcrafters Haven Yahtzee <b>Puzzles</b> <b>Jon King Sings @ 1:30</b>	<b>8</b> <b>Zoo Lovers Day</b> Chit Chat Movin' To Oldies BINGO <b>LUNCH BUNCH (Samantha's)</b> Kerplunk Balloon Volleyball Afternoon Trivia Blitz	<b>9</b> Morning Social Get Movin' <b>Brain Savers</b> Card Club Putt Putt Golf Golf Trivia Golf Course Mining Sports Maniacs	<b>10</b> News & Views Senior Bootcamp BINGO Flickin' Chickens Friday Puzzles Hangman Storytime Daily Dose of Trivia
<b>13</b> <b>Scrabble Day</b> Lift & Stretch Senior Stretch BINGO Bowling Photo Memories Bonding w/Closers <b>Shopping Trip</b> <b>*Goodwill</b>	<b>14</b> Breakfast Club <b>Brain Savers</b> Cards & More Name 5 Photo Memories Afternoon Spa Wellness Trivia Relax & Revive	<b>15</b> <b>Laundry Day</b> Chit Chat Move & Groove BINGO <b>LUNCH BUNCH (Arby's)</b> Lucky Numbers Putt Putt Golf Sports Trivia	<b>16</b> Morning Social Get Fit <b>Brain Savers</b> Cards & More What's in the Bag? Dirty Laundry Keep the Rhythm Roll a Story <b>PAC Meeting</b>	<b>17</b> Coffee Talk Lift & Stretch BINGO The Creative Nook Compliment Circle Old Time Radio Parachute Party Bonding w/ Closers
<b>20</b> Morning Social Move to Music BINGO Favorite Memory Kick the Can Guess Who? I Feel Lucky...	<b>21</b> Daily Views Senior Bootcamp <b>Brain Savers</b> Card Club Noodle Hockey Keep the Rhythm Bonding w/Closers	<b>22</b> <b>Earth Day</b> Sip & Chat Movin' With Maria BINGO <b>LUNCH BUNCH (Culver's)</b> Birdfeeders Music Memories	<b>23</b> <b>Picnic Day</b> Morning Stretch <b>Brain Savers</b> Card Club Reflexology Wellness Trivia Meditation Time Afternoon Serenity	<b>24</b> <b>Arbor Day</b> News & Views BINGO Leaf Art Look Up at the Trees Art Tree Trivia You Choose Game
<b>27</b> <b>Tell A Story Day</b> Talk It Out Get Fit BINGO Brush Hour Yahtzee Music Memories <b>Shopping Trip</b> <b>*Dollar General</b>	<b>28</b> <b>Superhero Day</b> Morning Social Lift & Stretch <b>Brain Savers</b> Glue & Giggles Cards & More Roll a Story Parachute Party You Choose Music	<b>29</b> Coffee Talk Move to Music BINGO <b>LUNCH BUNCH (Denny's)</b> History of Riddles Occupational Riddles	<b>30</b> Chit Chat Morning Moves <b>Brain Savers</b> Cards & More True-or-False Trivia Favorite Memory Chuck a Duck Bonding w/Closers	

\*Activities are subject to changes\*



## Spring Scattergories

S P R I N G

A Spring Flower						
A Spring Break Destination						
A Garden Plant						
A Baby Animal						
A Spring Activity						
Best thing about Springtime						
A game that you Play						



## Service Spotlight

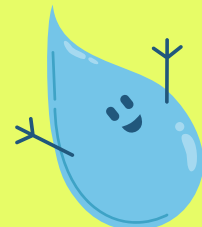
### Men's Caregiver Support Group

Men often face unique issues when they are the primary caregiver for a spouse, parent, or child.

Our Support Group Facilitator, Bob Hawkins, leads a group meeting just for men, providing meaningful conversations, support, and connection.

Meetings are open to the public and held the 3rd Tuesday of each month at 11:30am at Denny's, 4646 West Tusc, Canton, OH 44708

Happy Birthday to You!!



YOUR WORDS MAKE A DIFFERENCE

Leave us a review and let others know what you love about us!

